## Hormone & Men's Health.

### POTENT NUTRITIONAL REPAIR AND PROTECTION

UNIQUE NATURAL PROSTATE SUPPORT OVER 200 PEER-REVIEWED STUDIES

PERQUE

Prost8 Vitality Guard<sup>™</sup> Supports Healthy Prostate and Bladdder Function<sup>1</sup>

> Dietary Supplement 100 Softgels

# PERQUE<sup>®</sup> Prost8 Vitality Guard<sup>™</sup>



NEED FOR PERQUE PROST8 VITALITY GUARD

**PERQUE Prost8 Vitality Guard** is an essential supplement for any man over age 40. This formula provides potent, natural support for prostate function.\*

**PERQUE Prost8 Vitality Guard** is the first and only prostate formula to combine the following eight scientifically validated, synergistic herbs and nutrients:

- Saw Palmetto (Serenoa repens) is the most extensively studied herb for prostate function. The saw palmetto in PERQUE Prost8 Vitality Guard provides 85% to 95% active fatty acids from the oil of the saw palmetto berry. It is the most active saw palmetto available.\*
- Pygeum (Pygeum africanum) has also been scientifically substantiated to benefit prostate health. PERQUE Prost8
   Vitality Guard combines pygeum with saw palmetto berry for powerful, synergistic prostate support.\*
- **3. Lycopene**, a super potency antioxidant carotenoid, is specifically recommended for healthy prostate function. This formula provides a full 12 mg of fully bioavailable lycopene. In contrast, other prostate products offer a lycopene complex that is only 2% to 3% active.

- 4. Nettle (Urtica contains vitamin C, iron, and other prostatesupportive nutrients).\*
- **5.** Linoleic acid is an essential polyunsaturated, omega 6 fatty acid found in pumpkin seed oil.
- **6. Linolenic acid** is an essential polyunsaturated, omega 3 fatty acid found in pumpkin seed oil.
- 7. Zinc picolinate is an essential mineral for prostate health.
- **8. Selenium** (as I-selenomethionine) is also an essential mineral for prostate health.

### PERQUE PROST8 VITALITY GUARD

The synergy of these eight prostate vitality factors brings effective results in just a few days. In contrast, other formulas proudly proclaim that in just three to four months you can expect to feel results.\*

This vegetarian, hypoallergenic formula provides eight prostatenourishing compounds in their most active, beneficial forms. This synergized combination sets **PERQUE Prost8 Vitality Guard** apart from all other prostate formulas.



## Hormone & Men's Health

### SAW PALMETTO TRIALS SHOW RESULTS

A clinical trial explored the impact of saw palmetto berry extract on benign prostatic hyperplasia (BPH). Eighty-nine urologists enrolled BPH patients between the ages of 41 and 89.

Of the 315 patients who took 160 mg of saw palmetto extract twice a day for three years, most reported substantial benefit.

At the end of the study, 75% of the patients reported improvements in nocturia and the sensation of incomplete voiding. Most patients experienced some relief within just six months. Over 80% of the patients and physicians reported that the effectiveness and tolerance of the herbal treatment was "good" or "very good."\*

Typically, BPH patients experience a 24% to 58% deterioration of prostate function over two to five years. However, in this study, the deterioration rate was only 13.6%.\*

The sterols in saw palmetto berry neutralize harmful testosterone metabolites, which is beneficial for BPH patients.\*

### REFERENCES

- 1 Schleich S, Papaioannou M, Baniahmad A, Matusch R. Extracts from Pygeum africanum and other ethnobotanical species with antiandrogenic activity. Planta Med 2006 Jul;72(9):807-13. Epub 2006 Jun 19.
- Buck AC. Is there a scientific basis for the therapeutic 2. effects of serenoa repens in benign prostatic hyperplasia? Mechanisms of action. J Urol 2004 Nov;172(5 Pt 1):1792-9.

Full Disclosure Label (no hidden ingredients)

**Directions:** As a dietary supplement, take four (4) softgels daily with meals or as directed by your health professional.

| SUPPLEMENT FACTS<br>Serving size: 4 Softgels<br>Servings per container: 25 | 6             |               |                  |
|--|---------------|---------------|------------------|
| Energized Nutrients  | Amo<br>per se | unt<br>erving | % Daily<br>Value |
| Vitamin A (Beta-Carotene)<br>Vitamin C (from 10 mg Ascorbyl                | 2000          | mcg.RA        | 222              |
| palmitate)   | 4             | mg.           | 4                |
| Zinc (picolinate)  | 20            | mg.           | 182              |
| Selenium (I-selenomethionine)  |               | mčg.          | 364              |
| Serenoa repens (saw palmetto - 85%-95% energized fatty acids)              | 320           | •             | *                |
| Lycopene (pure, free, bioactive)   | 12            | mg.           | *                |
| Pygeum africanum (extract)<br>(pygeum - 13-14% beta sitosterols)           | 120           | mğ.           | *                |
| Urfica dioca root (stinging nettle)  | 40            | mg.           | *                |
| Pumpkin seed oil   | 665           | mğ.           | *                |
| Palmitic<br>Stearic  |               | mcg.          |                  |
| Oleic  | 1,481         | mcg.<br>mca   |                  |
| Linoleic (essential fatty acid)  | 2,963         | mcg.          |                  |
| Linolenic (essential fatty acid)   | 53            | mcg.          |                  |
| Glycerin (vegetable)   | 233           | mg.           | *                |
| Carob exfract  | 20            | mğ.           | *                |
| Lecithin (rice)<br>Beeswax   | 72            | mg.<br>mg.    | *                |
| Kosher gelatin   | 418           | mġ.           | *                |
| Water (deionized, pure)  | 369           | mğ.           | *                |
| * Daily value not established  |               |               |                  |



#### THE PERQUE GUARANTEE

Like every other PERQUE product, PERQUE Prost8 Vitality Guard comes with a 100%, unconditional, money-back guarantee – the strongest guarantee in the natural health industry. This unique guarantee provides the assurance that:

- Every **PERQUE** product provides 100% potency and activity for its entire shelf life. Every ingredient used in a **PERQUE** product is pharmaceutical-grade or better.
- All PERQUE products dissolve rapidly (usually within 20 minutes), eliminating digestive irritation often found with other brands.
  Full label disclosure is provided for all **PERQUE** products no hidden ingredients.
- Every PERQUE product is activated with the same transporters that are used by nature and in food to ensure full bioavailability. The biologically preferred form of an ingredient is always used for enhanced activity.
- Free of citrus, MSG, wheat/gluten, corn/zein/starch, dairy/casein/whey/milk derivatives, yeast, soy, sulfate, phosphates (other than coenzymes), and preservatives.
- · No genetically modified organisms (GMOs).
- Unique post-production assays and clinical bioassays assure product integrity.

#### YOUR QUALITY ASSURANCE

Every PERQUE product is produced following or exceeding the FDA's pharmaceutical GMP (Good Manufacturing Practices) regulations.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.