

PERQUE[®] Bone Guard[™]



WHY YOU NEED PERQUE BONE GUARD FORTÉ

PERQUE Bone Guard Forté, an exclusive nutritional formula, provides 19 uniquely balanced, energized, and alkalizing bone builders.* It is also your most complete, fully active, comprehensive mineral supplement.*

The **National Osteoporosis Foundation** says that today **52 million Americans have osteoporosis** and low bone mass. By 2025, osteoporosis is predicted to be responsible for approximately **3 million fractures a year**.*

Consider the following avoidable outcomes:

- One in two women over age 50 will break a bone due to osteoporosis.*
- One in four men will develop an osteoporosis-related fracture.*

Lifestyle factors, such as smoking, diet, and exercise, affect bone health and may lead to osteoporosis.*

PERQUE BONE GUARD FORTÉ SUPERIORITY

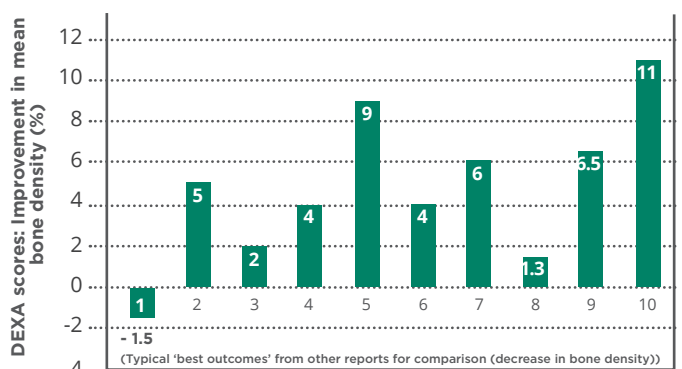
PERQUE Bone Guard Forté provides 19 fully potent, transporter-energized, bioactive, bone-building nutrients in forms the body can fully use.* Consider the following:

- Calcium is one of the most clinically studied nutrients for bone health. **PERQUE Bone Guard Forté** provides six distinct, fully soluble, completely ionized forms of calcium for maximum benefit.*
- Magnesium deficiencies are a major reason for calcium and bone loss and may contribute to brittle bones.* **PERQUE Bone**

Guard Forté contains 500 mg. of magnesium in six fully soluble, completely ionized forms for optimal action.*

- Boron plays an important role in calcium and magnesium metabolism. It also works with vitamin D3 to boost the body's uptake of calcium.*
- Zinc promotes bone mass by influencing hormonal action.*
- Strontium improves bone mineral density.
- Vitamin K1 and K2 have been shown to reduce the incidence of fractures.

Sample Representation of Gains in Bone Mineral Density From Using the Alkaline Way Over a Two Year Period



Bone Density in Individuals Following Alkaline Way/Multi-Nutrient Protocol

Bone & Joint

Now with biotin and iodine in addition to l-selenomethionine, chromium citrate and vanadium citrate, **PERQUE Bone Guard Forté** is an even more complete mineral and enhanced bone support formulation. This vegetarian, allergen-free formula provides a unique, complete, better bone-building agent. Each ingredient is 100% soluble, ionized, and fully bioactive.*

PERQUE Bone Guard Forté is guaranteed to build bone or your money back.**

IMPROVE BONE HEALTH

Just as specific dietary and lifestyle factors promote bone health and protect against osteoporosis, other factors can also increase loss of bone mass, including:

- **Sodium** pulls large amounts of calcium into the kidneys, where it is subsequently excreted through the urinary tract.*
- **Protein**, in excess of 60 grams per day, promotes the loss of calcium and other vital minerals through the urine.*
- **Caffeine-containing drinks** have been found to trigger the loss of calcium through the kidneys and intestines.* Research indicates that a lifetime daily consumption of two or more cups of caffeinated coffee or soda is linked with a reduction in bone density.* The more of these beverages one ingests, the greater the loss.*
- **Alcohol and tobacco** can also damage the bones.* Heavy drinkers appear to be at higher risk of osteoporosis; they are also more susceptible to falls and other accidents.* Heavy smokers typically have less bone density than non-smokers.*

Full disclosure label (no hidden or inactive ingredients)

Directions: As a dietary supplement, take four (4) tabsules daily in divided doses with meals or as directed by your health professional.

Typical Dosage

Healthy bone maintenance.....2-4 tabsules/day
Family or personal osteoporosis risk.....4-6 tabsules/day
Repair or known osteoporosis.....6-8 tabsules/day

SUPPLEMENT FACTS

Serving size: 4 Tabsules
Servings per container: 25 or 60

| 19 Energized, bone-building Elemental Minerals and Nutrients** | Amount per serving | %Daily Value |
|---|--------------------|--------------|
| Vitamin C (100% l-ascorbate, fully reduced, corn free) | 200 mg. | 330 |
| Vitamin D3 (as cholecalciferol) | 10 mcg. | 100 |
| Vitamin K-1 (as phylloquinone) | 750 mcg. | 937 |
| Vitamin K-2 | 250 mcg. | 312 |
| Biotin | 250 mcg. | 83 |
| Calcium (as acetate, glycinate, succinate, malate, fumarate, and citrate) | 500 mg. | 50 |
| Magnesium (as acetate, glycinate, succinate, malate, fumarate, citrate, and C16 and C18 alkyls [†]) | 500 mg. | 125 |
| Zinc (as citrate) | 10 mg. | 100 |
| Manganese (as citrate) | 15 mg. | 750 |
| Chromium (as citrate) | 250 mcg. | 208 |
| Selenium (as 100% l-selenomethionine) | 250 mcg. | 357 |
| Copper (as sebecate) | 1 mg. | 50 |
| Iodine | 3 mg. | 2000 |
| Iodide (as potassium iodide) | 150 mcg. | 100 |
| Boron (as citrate) | 6 mg. | * |
| Vanadium (as citrate) | 250 mcg. | * |
| Silica (from calcium silicate from horse tail/equisetum) | 10 mg. | * |
| Strontium (as citrate) | 50 mg. | * |
| Vegetable fiber (organic croscarmellose) | 400 mg. | * |

* Daily value not established

**All forms of the above minerals and nutrients are used in clinical bone studies with proven results.

[†]From whole, untreated palm fruit and leaf

Other Ingredients: None

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THE PERQUE GUARANTEE

Like every other **PERQUE** product, **PERQUE Bone Guard Forté** comes with a 100%, unconditional, money-back guarantee – the strongest guarantee in the natural health industry. This unique guarantee provides the assurance that:

- Every **PERQUE** product provides 100% potency and activity for its entire shelf life.
- Every ingredient used in a **PERQUE** product is pharmaceutical-grade or better.
- All **PERQUE** products dissolve rapidly (usually within 20 minutes), eliminating digestive irritation often found with other brands.
- Full label disclosure is provided for all **PERQUE** products — no hidden ingredients.
- Every **PERQUE** product is activated with the same transporters that are used by nature and in food to ensure full bioavailability. The biologically preferred form of an ingredient is always used for enhanced activity.
- Free of citrus, MSG, wheat/gluten, corn/zein/starch, dairy/casein/whey/milk derivatives, yeast, soy, sulfate, phosphates (other than coenzymes), and preservatives.
- No genetically modified organisms (GMOs).
- Unique post-production assays and clinical bioassays assure product integrity.

YOUR QUALITY ASSURANCE

Every **PERQUE** product is produced following or exceeding the FDA's pharmaceutical GMP (Good Manufacturing Practices) regulations.



Feel the **PERQUE** Difference!

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
Conditions apply. Contact **PERQUE Client Services for details.

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